



TAKE IT: In the morning
DOSAGE: Adults: Take 3 capsules before breakfast, once a day.

About 365 Power and Performance Daily Multivitamin:

Is a combination of vitamins, minerals, amino acids, prebiotics/probiotics, enzymes, over 50 superfoods, mushrooms, antioxidants and specially chosen herbal blends to give your body what it needs to meet the challenges of the day.

BENEFITS:

With over 100 ingredients, **365 Power and Performance Daily Multivitamin** is one of the most complex multivitamin blends on the market today, providing benefits such as:

- ✓ **Antioxidant**
- ✓ **Bone strengthening**
- ✓ **Optimizes the immune system**
- ✓ **Increased energy**
- ✓ **Strengthens heart function**
- ✓ **Performance Enhancement**
- ✓ **Improves circulation**

BENEFITS:

- ✓ **More than 110 nutrients**
- ✓ **Prebiotics, probiotics, amino acids and enzymes to support digestion**
- ✓ **High antioxidant power**
- ✓ **Contains natural ingredients**

WHY 365 POWER AND PERFORMANCE DAILY MULTIVITAMIN?

365 Power and Performance Daily Multivitamin has just about everything you need:

365 Power and Performance Daily Multivitamin it contains macrobiotic fermented superfoods that are organically grown throughout Asia and feature a combination of over 50 fruits, vegetables, legumes and whole grains. These ingredients are blended and fermented for maximum nutritional and prebiotic value. It provides over 50 organic ingredients to your nutritional needs like no other source can, with a complete vitamin and mineral profile.

It encompasses energy and health, improves performance, protects against diseases and strengthens the functions of organic systems. It has the vitamins indicated for optimal cellular, functional, protective and energetic development.

Vitamin C: Powerful antioxidant, helps protect our body from free radicals that cause oxidative stress.

Vitamin A: Helps in the maintenance of soft and bone tissues, teeth, skin.

Magnesium: Helps in the maintenance of bones and blood glucose levels.

Vitamin D3: Helps in the correct maintenance of the bone system.

Calcium: Forms and maintains strong bones, collaborates in muscle movement and nerve transmission, helps blood circulate and release hormones.

Vitamin B6: Produces antibodies, maintains healthy neurological function, helps in the production of hemoglobin, in the breakdown of proteins and regulates the level of sugar in the blood.

Zinc: Necessary for the functioning of the immune system, collaborates in blood coagulation, maintenance of vision and thyroid function.

Biotin: Contributes to hair and skin health, improves cognitive function and optimizes energy metabolism.

SUPPLEMENT FACTS

Serving Size: 3 capsules

Servings Per Container: 30

Medium Composition	Amount Per Serving	% Daily Value	Medium Composition	Amount Per Serving	% Daily Value
Calories	1		Vitamin B-6 (Pyridoxine)	1.7 mg	100%
Total Fat	0.02 g	0.02%	Folate / Folic Acid	100 mcg	25%
Saturated fat	0 g	+	Vitamin B-12 (Methyl-cyanocobalamin)	2.4 mcg	100%
Trans fat	0 g	+	Biotin	0.5 mcg	1.6%
Cholesterol	0 mg	0%	Pantothenic Acid (Calcium d-Pantothenate)	3.8 mg	76%
Sodium	0 mg	0%	Vitamin K1	43 mcg	35%
Total Carbohydrate	1 g	0.35 %	Calcium	95 mg	7.3%
Dietary fiber	0.9 g	3.2%	Phosphorus (Dibasic Sodium Phosphate)	15.63 mg	1.25%
Total Sugars	0g	0 %	Magnesium (Citrate)	3.77 mg	0.90%
Protein	0.222 g	0.44%	Zinc (Sulfate)	163 mcg	1.5%
Vitamin A	530 mcg	58.8%	Chromium (Picolinate)	30 mcg	85%
Vitamin C	80 mg	88%	Copper (Gluconate)	32 mcg	3.5%
Vitamin D-3	20 mcg	100%	Potassium (Citrate)	44 mg	0.93%
Vitamin E (Alpha tocopheryl)	15 mg	100%			
Vitamin B-1 (Thiamin)	810 mcg	67.5%			
Vitamin B-2 (Riboflavin)	910 mcg	70%			
Niacin (Niacinamide)	11 mg	68.75%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.